

LAB 5

September 19th-23rd, 2022

Estonian Academy of
Music and Theatre
Tallinn, Estonia

Exploring Musical Identities: Autoethnography for the Practising Musician

Schedule

Day 1: **Introduction to Autoethnography**

Day 2: **Working with Memory**

Day 3: **Interviewing the Self and the Other**

Day 4: **Real-time Reflexivity**

Day 5: **Writing an Autoethnography**

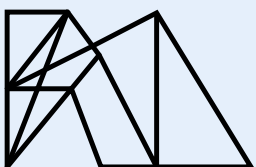
What to Expect?

Our lab in the Estonian Academy of Music and Theatre will take participants through an

Autoethnographic process. The aim is to provide students with methods which can be used to research how identity and culture contributes to the understanding of various artistic practices. In doing so the participants will be asked to delve deeply into their own identities in order to seek how implicit knowledge of a discipline has been manifested.



**Reflection-Based
Artistic Professional Practice**



RAPP Lab

Often our understandings of artistic practice are shaped by a mixture of our culture and our own experiences. The roles and rules of composition, performance, and improvisation are both defined through explicit and implicit communication. The implicit aspects are often the ideas, concepts, and values which go unnoticed and unchallenged. It is inside of these where greater awareness and creative action could be generated to both move the artistic researcher closer to themselves and provide fertile ground for fresh artistic ideas.

The five day lab will include using the concepts of memory, interview, and real time reflection, alongside a great deal of writing, to achieve a better sense of oneself as an artist/researcher. Each approach will be explored through theoretical framing, demonstrations, and real time application to the participants own artistic practice. In the end, the artistic researcher should gain deeper insight into their own practice/identity, as well as the ability to apply Autoethnography to their future work.

Prerequisites

Students will be expected to participate in groups as well as spending time alone as individuals. It will

be necessary to be prepared to write a great deal. It is recommended to bring with you good writing utensils and a notebook. Laptops, smart phones, and tablets will not be efficient, and perhaps uncomfortable, for the types of exercises which will be explored during the lab.

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About RAPP Lab

<https://www.rapplab.eu/>

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rapp-lab-new-erasmus-strategic-partnership

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ESTONIAN ACADEMY
OF MUSIC AND THEATRE



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